







Recommendation from Alexa Aboudaram

Sunday, Nov 13th

Products

Items	Instructions	Price
 <p>Selenomethionine (60 capsules) Thorne In Stock</p>	<p>Instructions from Alexa Aboudaram: 1 capsule once per day, for 3 months Additional Instructions minimum 3 months</p>	\$10.00
 <p>Vitamin D Drops (1 Ounce) Seeking Health In Stock</p>	<p>Instructions from Alexa Aboudaram: 1 drop once per day, for 6 months Additional Instructions minimum 6 months</p>	\$21.99
<p>Inositol 750mg (100 capsules) Jarrow Formulas In Stock</p>	<p>Instructions from Alexa Aboudaram: 1 capsule once per day, for 6 months Additional Instructions minimum 6 months</p>	\$20.99
 <p>Ashwagandha (60 capsules) Nature's Way In Stock</p>	<p>Instructions from Alexa Aboudaram: 1 capsule once per day, for 2 months Additional Instructions minimum of 8 weeks</p>	\$24.99
 <p>Cordyceps (Cordyceps Militaris) (30 capsules) Host Defense In Stock</p>	<p>Instructions from Alexa Aboudaram: 2 capsules three times per day, for 6 months Additional Instructions minimum 24 weeks</p>	\$19.99